Encryption Works How to Protect Your Privacy in the Age of NSA Surveillance

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FREEDOM FOUNDATION

Freedom of the Press Foundation

Dedicated to cypherpunks who write code. Your skills are needed now more than ever.

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Table of Contents

Introduction	4
Threat Model	4
Crypto Systems	5
Software You Can Trust	6
Anonymize Your Location with Tor	9
Off-the-Record (OTR) Chat	10
Service Providers and Jabber	11
OTR Clients	11
Your Key	11
Sessions	12
OTR Fingerprint Verification	13
Logs	15
"Pretty Good Privacy" (PGP) Email Encryption	16
Keypairs and Keyrings	16
Passphrases	17
Software	18
Encrypting, Decrypting, Signatures	18
PGP Isn't Just For Email	20
Identity Verification	21
Attacks	23
Tails: The Amnesic Incognito Live System	24
PGP and Email in Tails	25
Workflow	27
A Fighting Chance	29

Encryption Works How to Protect Your Privacy in the Age of NSA Surveillance

Encryption works. Properly implemented strong crypto systems are one of the few things that you can rely on. Unfortunately, endpoint security is so terrifically weak that NSA can frequently find ways around it.

- Edward Snowden, answering questions live on the Guardian's website¹

The NSA is the biggest, best funded spy agency the world has ever seen. They spend billions upon billions of dollars each year doing everything they can to vacuum up the digital communications of most humans on this planet that have access to the Internet and and the phone network. And as the recent reports in the Guardian and Washington Post show, even domestic American communications are not safe from their net.

Defending yourself against the NSA, or any other government intelligence agency, is not simple, and it's not something that can be solved just by downloading an app. But thanks to the dedicated work of civilian cryptographers and the free and open source software community, it's still possible to have privacy on the Internet, and the software to do it is freely available to everyone. This is especially important for journalists communicating with sources online.

Threat Model

The NSA is a powerful adversary. If you are its direct target, you have to go to great lengths to communicate in private, and even if you're not, billions of innocent Internet users get caught in the NSA's dragnet too. Changing some basic software practices could award you a great deal of privacy, even if it doesn't keep you secure against targeted attacks by the US government. This paper explores methods you can use in both cases.

While the tools and advice in this paper are aimed at protecting your privacy from the NSA's collection methods, the same advice can be used to increase your computer security against any adversary. It's important to remember that other governments, including China and Russia, spend massive amounts of money of their own high-tech surveillance equipment and are known to specifically target journalists and sources. In the US, bad digital security can cost whistleblowers their freedom, but in other countries it can cost both journalists and sources their lives. A recent example from Syria² illustrates how careless digital security can have tragic results.

Edward Snowden: NSA whistleblower answers reader questions, 1

http://www.guardian.co.uk/world/2013/jun/17/edward-snowden-nsa-files-whistleblower 2

Crypto Systems

We discovered something. Our one hope against total domination. A hope that with courage, insight and solidarity we could use to resist. A strange property of the physical universe that we live in.

The universe believes in encryption.

It is easier to encrypt information than it is to decrypt it.

— Julian Assange, in the introduction of Cypherpunks: Freedom and the Future of the Internet

Encryption is the process of taking a plaintext message and a randomly generated key and doing mathematical operations with the two until all that's left is a scrambled, ciphertext version of the message. Decryption is taking the ciphertext and the right key and doing more mathematical operations until the plaintext is recovered. This field is called cryptography, or crypto for short. A crypto algorithm, what mathematical operations to do and how to do them, is called a cipher.

To encrypt something you need the right key, and you need the right key to decrypt it too. If the crypto software is implemented properly, if the math is sound, and if the keys are secure, all of the combined computing power on Earth cannot break this encryption.

We build crypto systems that depend on problems in mathematics that we believe to be hard, such as the difficulty in factoring large numbers. Unless there are mathematical breakthroughs that make these problems easier—and the NSA is keeping them secret from the rest of the world—breaking crypto that relies on them for security is unfeasible.

The design of crypto systems and ciphers should be completely public. The only way to ensure that the cipher itself doesn't have a critical flaw is to publish how it works, to have many eyes scrutinizing it in detail, and to let it weather real-world attacks in the wild to work out the bugs. The inner workings of most crypto that we use on a daily basis, like HTTPS³, the technology that makes it possible to safely type credit card numbers and passwords into website forms, is completely public. An attacker that knows every single detail about how the encryption works should still fail to break the encryption without possessing the key. Crypto that is proprietary, and its underlying code secret, cannot be trusted to be secure.

Here's an important question to ask when assessing if a service or app that uses encryption is secure: Is it possible for the service provider itself to circumvent the encryption? If so, you cannot trust the security of the service. Many services like Skype⁴ and Hushmail⁵ promise "end-to-end" encryption, but often times it still means that the services themselves have the keys to decrypt the product. True end-to-end encryption means that the service provider cannot look at your communications even if they wanted to.

5 Hushmail To Warn Users of Law Enforcement Backdoor, http://www.wired.com/threatlevel/2007/11/hushmail-to-war/

³ HTTP Secure, <u>https://en.wikipedia.org/wiki/Https</u>

⁴ Think your Skype messages get end-to-end encryption? Think again, <u>http://arstechnica.com/security/2013/05/think-your-skype-messages-get-end-to-end-encryption-think-again/</u>

Another important fact to know about encryption is that it's about much more than protecting the privacy of communications. It can be used to "digitally sign" messages in a way that proves that the message originated from the person you expected it to. It can be used to build digital currencies like Bitcoin, and it can be used to build anonymity networks like Tor.

Encryption can also be used to prevent people from installing iPhone apps that didn't come from the App Store, to prevent people from recording movies directly from Netflix, and to prevent people from installing Linux on a Windows 8 tablet. And it can also be used to prevent man-in-the-middle⁶ (MITM) attackers from adding malware to otherwise legitimate software updates.

In short, encryption encompasses a whole host of uses, but here we are focused on how we can use it to securely and privately communicate.

Software You Can Trust

When Snowden uses the term "endpoint security" he means the security of the computers on either end of the conversation that are doing the encrypting and the decrypting, as opposed to the security of the message when it's in transit. If you send an encrypted email to a friend but you have a keylogger on your computer that's logging the entire message, as well as the passphrase that's protecting your encryption keys, your encryption isn't worth very much.

Since Freedom of the Press Foundation board members Glenn Greenwald and Laura Poitras broke the NSA dragnet surveillance stories, a lot more information about US spy agencies has been made public. Specifically, Bloomberg wrote about voluntary information sharing programs between US companies and US spy agencies⁷.

So far the most shocking revelation about these information sharing programs is that Microsoft has a policy of giving information about vulnerabilities in its software to the US government before it releases security updates to the public. The article says:

Microsoft Corp. (MSFT), the world's largest software company, provides intelligence agencies with information about bugs in its popular software before it publicly releases a fix, according to two people familiar with the process. That information can be used to protect government computers and to access the computers of terrorists or military foes.

This means that it's likely that NSA has been handed the keys to any computer running Windows, Office, Skype, or other Microsoft software. If you're running this software on your computer, it's likely that, with enough effort, the NSA could compromise your computer, and thus your encrypted communications, if you became a target.

We've also learned from the New York Times⁸ that Skype, software that outside the security community

8 Web's Reach Binds N.S.A. and Silicon Valley Leaders, http://www.nytimes.com/2013/06/20/technology/silicon-valley-

⁶ Man-in-the-middle attack, <u>https://en.wikipedia.org/wiki/Man-in-the-middle_attack</u>

⁷ U.S. Agencies Said to Swap Data With Thousands of Firms, <u>http://www.bloomberg.com/news/2013-06-14/u-s-agencies-said-to-swap-data-with-thousands-of-firms.html</u>

has long had a reputation of being a secure way to communicate, has been feeding private conversations to the US government for the last five years.

Skype, the Internet-based calling service, began its own secret program, Project Chess, to explore the legal and technical issues in making Skype calls readily available to intelligence agencies and law enforcement officials, according to people briefed on the program who asked not to be named to avoid trouble with the intelligence agencies.

Project Chess, which has never been previously disclosed, was small, limited to fewer than a dozen people inside Skype, and was developed as the company had sometimes contentious talks with the government over legal issues, said one of the people briefed on the project. The project began about five years ago, before most of the company was sold by its parent, eBay, to outside investors in 2009. Microsoft acquired Skype in an \$8.5 billion deal that was completed in October 2011.

A Skype executive denied last year in a blog post that recent changes in the way Skype operated were made at the behest of Microsoft to make snooping easier for law enforcement. It appears, however, that Skype figured out how to cooperate with the intelligence community before Microsoft took over the company, according to documents leaked by Edward J. Snowden, a former contractor for the N.S.A. One of the documents about the Prism program made public by Mr. Snowden says Skype joined Prism on Feb. 6, 2011.

Proprietary software, such as much of what's released by Microsoft, Apple, and Google, has another flaw. It's much more difficult for users to independently verify that secret backdoors don't exist at the clandestine demands of the surveillance state. Though recent reports have shown that many companies hand over an unknown amount of information in response to FISA requests, none have been shown to have direct backdoors into their systems.

There is other software that's more reliable in this regard. Free and open source software⁹ is not always user friendly and it's not always secure. However when it's developed in the open, with open bug trackers, open mailing lists, open governing structures, and open source code, it's much more difficult for these projects to have a policy of betraying their users like Microsoft has.

GNU/Linux is an operating system that's composed entirely of free and open source software. Examples of GNU/Linux distributions include Ubuntu¹⁰, Debian¹¹, and Fedora Core¹². It's the most popular free software alternative to Windows and Mac OS X.

While free software projects still might include malicious code (see the Underhanded C Contest¹³), the person writing the code needs to hide it cleverly and hope none of the other developers, or downstream GNU/Linux package maintainers who prepare and compile the source code of projects to include in their distributions, notice.

and-spy-agency-bound-by-strengthening-web.html

⁹ Free Software Foundation, <u>https://www.fsf.org/about/what-is-free-software</u>

¹⁰ Ubuntu, <u>http://www.ubuntu.com/</u>

¹¹ Debian, <u>http://www.debian.org/</u>

¹² Fedora Core, <u>https://fedoraproject.org/</u>

¹³ The Underhanded C Contest, <u>http://underhanded.xcott.com/</u>

In the 1990s, when civilian cryptography was becoming popular and the US government was doing everything they could to prevent it¹⁴, the "cypherpunk" movement was born. Many pieces of software intended to bring encryption to the people grew out of that movement.

Cypherpunks write code. We know that someone has to write software to defend privacy, and since we can't get privacy unless we all do, we're going to write it. We publish our code so that our fellow Cypherpunks may practice and play with it. Our code is free for all to use, worldwide. We don't much care if you don't approve of the software we write. We know that software can't be destroyed and that a widely dispersed system can't be shut down.

— Eric Hughes, in his 1993 Cypherpunk Manifesto

That code, that's open and public so that fellow cypherpunks may practice and play with it, which anyone in the world can freely use, makes the basis of the software and protocols that we can trust: TLS (the encryption that powers HTTPS), LUKS (disk encryption¹⁵ built-in to GNU/Linux), OpenPGP, Off-the-Record, and Tor.

The Tactical Technology Collective¹⁶ has built a great guide to open source security software that you can trust¹⁷ to keep your communications private from surveillance. It's important to remember that just using this software, and even using it perfectly, cannot guarantee the security of your crypto. For example, we have no idea if Apple has handed over zero day vulnerabilities to the NSA for iOS like Microsoft is reported to have done. ChatSecure, which lets you have encrypted chat conversations on iOS devices, is only as secure as the operating system that it's running on.

It's important to remember that just because you use free software doesn't mean you can't get hacked. People find zero day¹⁸ exploits for free software all the time, and sometimes sell them to governments and other malicious attackers. Free software users still download malicious attachments in their email, and they still often have badly configured and easily exploited services on their computers. And even worse, malware is often very good at hiding. If a free software user gets malware on their computer, it might stay there until the user formats their hard drive.

Tails, which is a live DVD and live USB GNU/Linux distribution that I will discuss in detail below, solves many of these problems.

¹⁴ See Phil Zimmermann's criminal investigation, <u>https://en.wikipedia.org/wiki/Phil_Zimmermann#Criminal_investigation</u> and Clipper chip, <u>https://en.wikipedia.org/wiki/Clipper_chip</u>

¹⁵ Disk encryption, <u>https://en.wikipedia.org/wiki/Disk_encryption</u>

¹⁶ Tactical Technology Collective, https://tacticaltech.org/

¹⁷ Worried about surveillance online? A collection of our tips and how to's on alternatives, <u>https://alternatives.tacticaltech.org/</u>

¹⁸ Zero-day attack, <u>https://en.wikipedia.org/wiki/Zero-Day_Attack</u>

Anonymize Your Location with Tor

Tor¹⁹ is a software service that allows you to use the Internet while concealing your IP address, which is, in general, a fairly accurate representation of your location. The Tor network is made up of over 3,600 volunteer servers called nodes. When someone uses the Tor network to visit a website their connection gets bounced through three of these nodes (called a circuit) before finally exiting into the normal Internet. Anyone intercepting traffic will think your location is the final node which your traffic exits from.

It's important to remember that just because your connection to the Internet may be anonymous that doesn't magically make it secure. EFF has made a great visualization²⁰ of how Tor and HTTPS can work together to protect your privacy.

Like all good cryptography software, Tor is free software, complete with an open bug tracker, mailing lists, and source code²¹.

Documentation for Tails, the live GNU/Linux distribution that forces all of the user's network traffic to go through the Tor network, has this to say about global adversaries²²:

A global passive adversary would be a person or an entity able to monitor at the same time the traffic between all the computers in a network. By studying, for example, the timing and volume patterns of the different communications across the network, it would be statistically possible to identify Tor circuits and thus matching Tor users and destination servers.

We still don't know whether or not NSA or GCHQ counts as a global adversary, but we do know that they monitor a large portion of the Internet. It's too early to know for sure how often these intelligence agencies can defeat the anonymity of the Tor network.

Even if they can, using Tor still gives us many advantages. It makes their job much harder, and we leave much less identifying data on the servers we connect to through the Tor network. It makes it much harder to be the victim of a MITM attack at our local network or ISP level. And even if some Tor circuits can be defeated by a global adversary, if enough people are getting their traffic routed through the same Tor nodes at the same time, it might be difficult for the adversary to tell which traffic belongs to which circuits.

The easiest way to start using Tor is to download and install the Tor Browser Bundle²³.

¹⁹ The Tor Project, <u>https://www.torproject.org/</u>

²⁰ Tor and HTTPS, https://www.eff.org/pages/tor-and-https

²¹ Tor's bug tracker: <u>https://trac.torproject.org/projects/tor</u>; mailing list: <u>https://www.torproject.org/docs/documentation#MailingLists</u>; and source code: <u>https://gitweb.torproject.org/tor.git?</u> <u>a=tree;hb=HEAD</u>

²² Tor doesn't protect you from a global adversary, <u>https://tails.boum.org/doc/about/warning/index.en.html#index7h1</u>

²³ Download the Tor Browser Bundle, https://www.torproject.org/download/download-easy.html.en



When Snowden was answering questions on Guardian's website²⁴ from a "secure Internet connection", he was probably routing his traffic through the Tor network. He may have also been using a bridge²⁵ to connect to the Tor network to make the fact that he was using Tor from his IP address less obvious to eavesdroppers.

Off-the-Record (OTR) Chat

Off-the-Record²⁶ (OTR) is a layer of encryption that can be added to any existing instant message chat system, provided that you can connect to that chat system using a chat client that supports OTR, such as Pidgin or Adium²⁷. With OTR it's possible to have secure, end-to-end encrypted conversations over services like Google Talk and Facebook chat without Google or Facebook ever having access to the contents of the conversations. Note: this is different than the "off-the-record" option in Google, which is not secure. And remember: while Google and Facebook's HTTPS connection is very valuable for protection against your message while it's in transit, they still have the keys to your conversations so they can hand them over to authorities.

²⁴ Edward Snowden: NSA whistleblower answers reader questions, http://www.guardian.co.uk/world/2013/jun/17/edward-snowden-nsa-files-whistleblower

²⁵ BridgeDB, https://bridges.torproject.org/

²⁶ Off-the-Record Messaging, <u>http://www.cypherpunks.ca/otr/</u>

²⁷ Pidgin, <u>https://pidgin.im/;</u> Adium, <u>http://adium.im/</u>

OTR is used for two things: **encrypting the contents** of real-time instant message conversations and **verifying the identity** of people that you chat with. Identity verification is extremely important and something that many OTR users neglect to do. While OTR is much more user friendly that other forms of public key encryption, if you wish to use it securely you still need to understand how it works and what attacks against it are possible.

Service Providers and Jabber

Using OTR only encrypts the contents of your chat conversations but not the metadata related to them. This metadata includes who you talk to and when and how often you talk to them. For this reason I recommend using a service that isn't known to collaborate with intelligence agencies. While this won't necessarily protect your metadata at least you have a chance of keeping it private.

I also recommend you use an XMPP (also known as Jabber) service. Like email, Jabber is a federated, open protocol. Users of riseup.net's Jabber service can chat with users of jabber.ccc.de's service as well as jabber.org's service²⁸.

OTR Clients

To use OTR you'll need to download software. If you use Windows you can download and install Pidgin and separately the OTR plugin²⁹. If you use GNU/Linux you can install the pidgin and pidginotr packages. You can read through documentation on how to set up your Pidgin accounts with OTR³⁰. If you use Mac OS X you can download and install Adium, which is a free software chat client that includes OTR support. You can read the official documentation on how to get set up with OTR encryption with Adium³¹.

There are also Jabber and OTR clients available for Android, called Gibberbot³², and for iOS, called ChatSecure³³.

Your Key

When you start using OTR, your chat client generates an encryption key and stores it in a file in your user's home folder on your hard drive. If your computer or smartphone get lost, stolen, or infected with malware, it's possible that your OTR key can get compromised. If this happens, it would be possible for an attacker with control over your Jabber server to be able to mount a MITM attack against you while you're chatting with people who have previously verified your identity.

²⁸ Find information about these free Jabber services here: <u>https://www.riseup.net/en/chat</u>, <u>https://web.jabber.ccc.de/</u>, <u>http://www.jabber.org/</u>

²⁹ After downloading and installing Pidgin from <u>https://pidgin.im/</u> you must download and install the OTR plugin from <u>http://www.cypherpunks.ca/otr/</u>

³⁰ Documentation for using Pidgin with OTR, <u>http://www.cypherpunks.ca/otr/index.php#docs</u>

³¹ Adium, which you can download at <u>http://adium.im/</u>, comes with OTR. You can find documentation for it at <u>http://adium.im/help/pgs/AdvancedFeatures-OTREncryption.html</u>.

³² Gibberbot, OTR Jabber client for Android, <u>https://guardianproject.info/apps/gibber/</u>

³³ ChatSecure, OTR Jabber client for iOS, <u>http://chrisballinger.info/apps/chatsecure/</u>

Sessions

If you want to use OTR to talk privately with your friends, your friends also need to be using it. An encrypted session between two people requires two encryption keys. For example, if you and your friend are both logged into Facebook chat using Adium or Pidgin and you have both configured OTR, you can chat in private. However if you are logged into IM using Adium or Pidgin but your friend is chatting directly from facebook.com in a web browser, you cannot have an encrypted conversation.

If you wish to use Facebook or Google's services to chat with your friends, I recommend disabling chat within the web interface of these services and only using Adium and Pidgin to connect, and encouraging all of your friends to do the same thing³⁴.

When you start an encrypted OTR session, your client software will tell you something like this:

Attempting to start a private conversation with username@jabberservice... Unverified conversation with username@jabberservice/ChatClient started.

If you have already verified the OTR fingerprint of the person you're talking with (more on this below) your session will look like this:

Attempting to start a private conversation with username@jabberservice... Private conversation with username@jabberservice/ChatClient started.

When you start a new OTR session, your OTR software and your friend's OTR software send a series of messages back and forth to agree upon a new session key. This temporary encryption key, which is only known by your IM clients and is never sent over the Internet, is then used to encrypt and decrypt messages. When the session is finished both clients forget the key. If you start chatting with the same person later, your clients generate a brand new session key.

In this way, even if an eavesdropper is logging all of your encrypted OTR conversations—which NSA believes it is legally allowed to do³⁵, even if you're a US citizen and they don't have a warrant or probable cause—and later they compromise your OTR key, they cannot use it to go back and decrypt your old conversations.

This property is called forward secrecy, and it is a feature that OTR has which PGP does not. If your PGP secret key (more on this below) gets compromised, and the attacker has access to all the encrypted messages you've received, they can go back and decrypt them all. Read more about how forward secrecy works, and why all major Internet companies should adopt it for their websites³⁶. The good news is Google has already adopted forward secrecy, and Facebook will implement it soon as well³⁷.

³⁴ You can find instructions for doing so for Facebook at <u>https://www.facebook.com/help/215888465102253/</u>, and for Google at <u>https://support.google.com/chat/bin/answer.py?hl=en&answer=161823</u>

³⁵ In Depth Review: New NSA Documents Expose How Americans Can Be Spied on Without A Warrant, <u>https://www.eff.org/deeplinks/2013/06/depth-review-new-nsa-documents-expose-how-americans-can-be-spied-without-warrant</u>

³⁶ Long Term Privacy with Forward Secrecy, <u>https://www.eff.org/deeplinks/2011/11/long-term-privacy-forward-secrecy</u>

³⁷ Perfect forward secrecy, https://www.facebook.com/pages/Perfect-forward-secrecy/101895216519655

OTR Fingerprint Verification

When you start a new OTR session with someone, your IM software receives the fingerprint of her encryption key, and your OTR software remembers this fingerprint. As long as someone uses the same encryption key when she talks to you, presumably because she's consistently using the same device, she will have the same fingerprint. If her fingerprint changes then either she is using a different OTR key or you are both the target of a MITM attack.

Without verifying keys you have no way to know that you're not falling victim to an undetected, successful MITM attack.

Even if the person you're talking to is definitely your real friend because she know things that only she would know, and you're using OTR encryption, an attacker might still be reading your conversation. This is because you might actually be having an encrypted OTR conversation with the attacker, who is then having a separate encrypted OTR conversation with your real friend and just forwarding messages back and forth. Rather than your friend's fingerprint your client would be seeing the attacker's fingerprint. All you, as a user, can see is that the conversation is "Unverified".

The following screenshots show Pidgin's visual indications of fingerprint verification. If you have verified OTR fingerprints your conversation is private, and if you haven't, your conversation is encrypted but you might be under attack. You can't know for sure without verifying.



If you click the Unverified link (in Adium it's a lock icon) you can choose "Authenticate buddy". The OTR protocol supports three types of verification: the socialist millionaire³⁸ protocol, a shared secret³⁹, and manual fingerprint verification. All OTR clients support manual fingerprint verification, but not all clients support other types of verification. When in doubt, choose manual fingerprint verification.

³⁸ Socialist millionaire, <u>https://en.wikipedia.org/wiki/Socialist_millionaire</u>

³⁹ Shared secret, https://en.wikipedia.org/wiki/Shared_secret

	Authenticate Buddy								
00	Authenticate rainey.reitman@gmail.com								
	Authenticating a buddy helps ensure that the person you are talking to is who he or she claims to be.								
	How would you like to authenticate your buddy?								
	Manual fingerprint verification								
	To verify the fingerprint, contact your buddy via some other authenticated channel, such as the telephone or GPG-signed email. Each of you should tell your fingerprint to the other. If everything matches up, you should indicate in the above dialog that you have verified the fingerprint.								
	Fingerprint for you, micahflee@gmail.com/ (XMPP): D86BFAOC 6DB47638 1834EEA2 F95CCFC1 BB28BDED								
	Purported fingerprint for rainey.reitman@gmail.com: 380D7155 CABBC55B 63209C2E 88C9A970 F39DD053								
	I have verified that this is in fact the correct fingerprint for rainey.reitman@gmail.com.								
	, <u>,</u>								
Н	elp Cancel Authenticate								

In the screenshot above, you can see the OTR fingerprints for both users in the session. The other person should see the exact same fingerprints. In order to be sure that both parties are seeing the correct fingerprints you both need to meet up in person, or talk on the phone if you can recognize their voice, or find some other out-of-band but secure method to verify fingerprints, such as sending a PGP encrypted and signed email.

OTR fingerprints are 40 hexadecimal characters. It's statistically impossible to generate two OTR keys that have the same fingerprint, which is called a collision. However it is possible to generate an OTR key that isn't a collision but looks like one on cursory inspection. For example, the first few characters and last few characters could be the same with different characters in the middle. For this reason, it's important to compare each of the 40 characters to be sure you have the correct OTR key.

Because you generally set up a new OTR key each time you set up a new device (for example, if you want to use the same Jabber account to chat from your Android phone with Gibberbot as you use on your Windows PC with Pidgin), you often end up with multiple keys, and therefore multiple fingerprints. It's important to repeat the verification step on each device with each contact you talk to.

It's still much better practice to use OTR without verifying fingerprints than to not use OTR at all. An attacker that attempts a MITM attack against an OTR session runs the very real risk of getting caught, so likely this attack will only be used cautiously.

Logs

Here is an excerpt from the chat logs, published by Wired⁴⁰, of a conversation between Bradley Manning and Adrian Lamo, who turned him in to authorities:

(1:40:51 PM) bradass87 has not been authenticated yet. You should authenticate this buddy.

(1:40:51 PM) Unverified conversation with bradass87 started.

(1:41:12 PM) bradass87: hi

(1:44:04 PM) bradass87: how are you?

(1:47:01 PM) bradass87: im an army intelligence analyst, deployed to eastern baghdad, pending discharge for "adjustment disorder" in lieu of "gender identity disorder"

(1:56:24 PM) bradass87: im sure you're pretty busy...

(1:58:31 PM) bradass87: if you had unprecedented access to classified networks 14 hours a day 7 days a week for 8+ months, what would you do?

(1:58:31 PM) info@adrianlamo.com : Tired of being tired

(2:17:29 PM) bradass87: ?

(6:07:29 PM) info@adrianlamo.com: What's your MOS?

As you can see from "Unverified conversation with bradass87 started," they were using OTR to encrypt their conversation, yet it still ended up getting published on Wired's website and used as evidence against Bradley Manning. While it's possible their conversation was under a MITM attack, it's very unlikely. Instead both Bradley Manning's and Adrian Lamo's OTR clients were logging a copy of their conversation to their hard drives, unencrypted.

While it can sometimes be useful to keep logs of conversations, it also greatly compromises your privacy. If Pidgin and Adium didn't log OTR conversations by default, it's likely that these chat logs would never have become part of the public record.

With the release of OTR 4.0 in September 2012, Pidgin stopped logging OTR conversations by default. Adium still logs OTR conversations by default so you must manually turn off logging yourself, which is a bug in Adium⁴¹.

⁴⁰ Manning-Lamo Chat Logs Revealed, <u>http://www.wired.com/threatlevel/2011/07/manning-lamo-logs</u>

⁴¹ Because Adium is free software with an open bug tracker, you can follow and contribute to the conversations about fixing this bug <u>https://trac.adium.im/ticket/15722</u> and <u>https://trac.adium.im/ticket/15729</u>

"Pretty Good Privacy" (PGP) Email Encryption

In 1991, Phil Zimmermann developed email encryption software called Pretty Good Privacy⁴², or PGP, which he intended peace activists to use while organizing in the anti-nuclear movement.

Today, PGP is a company that sells a proprietary encryption program by the same name. OpenPGP⁴³ is the open protocol that defines how PGP encryption works, and GnuPG⁴⁴ (GPG for short) is free software, and is 100% compatible with the proprietary version. GPG is much more popular than PGP today because it's free for everyone to download, and cypherpunks trust it more because it's open source. The terms PGP and GPG are often used interchangably.

Unfortunately, PGP is notoriously hard to use, as exemplified by Greenwald explaining how he could not initially talk to Edward Snowden because it was so difficult to set up⁴⁵.

Keypairs and Keyrings

As with OTR, each person who wishes to send or receive encrypted email needs to generate their own PGP key, called a keypair. PGP keypairs are split into two parts, the public key and the secret key.

If you have someone's public key, you can do two things: **encrypt messages** that can only be decrypted with their secret key, and **verify signatures** that were generated with their secret key. It's safe to give your public key to anyone who wants it. The worst anyone can do with it is encrypt messages that only you can decrypt.

With your secret key you can do two things: **decrypt messages** that were encrypted using your public key, and **digitally sign messages**. It's important to keep your secret key secret. An attacker with your secret key can decrypt messages intended only for you, and he can forge messages on your behalf. Secret keys are generally encrypted with a passphrase, so even if your computer gets compromised and your secret key gets stolen, the attacker would need to get your passphrase before he would have access to it. Unlike OTR, PGP does not have forward secrecy. If your PGP secret key is compromised and the attacker has copies of any historical encrypted emails you have received, he can go back and retro-actively decrypt them all.

Since you need other people's public keys in order to encrypt messages to them, PGP software lets you manage a keyring with your secret key, your public key, and all of the public keys of the people you communicate with.

Using PGP for email encryption can be very inconvenient. For example, if you set up PGP on your computer but have received an encrypted email on your phone, you won't be able to decrypt it to read

⁴² Pretty Good Privacy, <u>https://en.wikipedia.org/wiki/Pretty_Good_Privacy</u>

⁴³ The OpenPGP Alliance, <u>http://openpgp.org/</u>

⁴⁴ GNU Privacy Guard, <u>http://www.gnupg.org/</u>

⁴⁵ How Glenn Greenwald Began Communicating With NSA Whistleblower Edward Snowden, http://www.huffingtonpost.com/2013/06/10/edward-snowden-glenn-greenwald_n_3416978.html?1370895818

the email until you get to your computer.

Like OTR, each PGP key has a unique fingerprint. You can find a copy of my public key on Freedom of the Press Foundation's website⁴⁶, and my fingerprint is 5C17 6163 61BD 9F92 422A C08B B4D2 5A1E 9999 9697. If you look at my public key you'll see that it's quite long and would be hard to read out over the phone. A fingerprint is a short and more convenient way to uniquely represent a key. With my public key you can encrypt messages that only I can decrypt, provided that my secret key has not been compromised.

Passphrases

The security of crypto often relies on the security of a password. Since passwords are very easily guessed by computers, cryptographers prefer the term passphrase⁴⁷ to encourage users to make their passwords very long and secure.



Comic courtsey XKCD, https://xkcd.com/936/

For tips on choosing good passphrases, read the passphrase section of EFF's Defending Privacy at the

⁴⁶ It's too long to publish in print: <u>https://pressfreedomfoundation.org/keys/micah.asc</u>

⁴⁷ Passphrase, <u>https://en.wikipedia.org/wiki/Passphrase</u>

U.S. Border: A Guide for Travelers Carrying Digital Devices whitepaper⁴⁸, and also the Diceware Passphrase Home Page⁴⁹.

In addition to protecting PGP secret keys, you also need to choose good passphrases for disk encryption and password vaults⁵⁰.

Software

To install GPG, Windows users can download Gpg4win⁵¹, and Mac OS X users can download GPGTools⁵². If you run GNU/Linux you should already have GPG installed. GPG is a command line program, but there's software that interfaces with email clients that makes it much easier to use.

You'll have to download an email client to use PGP correctly. An email client is a program on your computer that you open to check your email, as opposed to using your web browser. The most popular PGP setup is the email client Thunderbird with the Enigmail add-on⁵³. Thunderbird and Enigmail are free software and run on Window, Mac, and GNU/Linux.

Right now PGP is very difficult to use securely from a web browser. While some browser extensions exist that help with this, I would recommend sticking to a desktop email client until the field of browser crypto matures. It's possible to use PGP encryption with Gmail, but the easiest way is to set up an email client like Thunderbird and run your Gmail account through it.

Encrypting, Decrypting, and Signatures

You can send encrypted emails and digitally sign them using the graphical user interface provided by Thunderbird and Enigmail. Here's an example of an encrypted email that I'm sending to myself. When I hit send, my software took the body of the message and encrypted it using my public key, making the content unintelligible to eavesdroppers, and indeed to my email provider too.

^{48 &}lt;u>https://www.eff.org/wp/defending-privacy-us-border-guide-travelers-carrying-digital-devices#passphrase</u>

⁴⁹ The Diceware Passphrase Home Page, <u>http://world.std.com/~reinhold/diceware.html</u>

⁵⁰ Password manager, <u>https://en.wikipedia.org/wiki/Password manager</u>

⁵¹ Gpg4win, http://www.gpg4win.org/

⁵² GPGTools, <u>https://gpgtools.org/</u>

⁵³ You can download Thunderbird at <u>https://www.mozilla.org/en-US/thunderbird</u> and Enigmail at <u>http://enigmail.net/home/index.php</u>

	Write: shh	×
<u>F</u> ile <u>E</u> dit <u>V</u> iew (Options OpenPGP Tools Help	
Send 🏼 🏙 Spe	elling 🛩 🖉 Attach 🛩 📾 OpenPGP 🛩 音 S/MIME 🛩 🎍 Save 🛩	
F <u>r</u> om:	Micah Lee <micah@pressfreedomfoundation.org> micah@pressfreedomfoundation.org</micah@pressfreedomfoundation.org>	0
• To:	B micah@pressfreedomfoundation.org	
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When I opened this email I was prompted to type in my encryption passphrase to decrypt it. Since it was encrypted using my public key, the only way I could decrypt it is with my secret key. Since my secret key is protected with a passphrase, I needed to type my passphrase to temporarily decrypt my secret key in order to use it to decrypt the message.

shh - Inbox - micah@pressfreedomfoundation.org - Icedove Mail/News ×								
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OpenPGP Decrypted message; Good signature from Micah Lee <micah@pressfreedomfoundation.org> Decry</micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org></micah@pressfreedomfoundation.org>	etailsƳ							
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Micah Lee Chief Technology Officer Freedom of the Press Foundation <u>https://pressfreedomfoundation.org</u> <u>https://twitter.com/micahflee</u>								
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PGP Isn't Just For Email

While PGP is often used for email encryption, nothing stops you from using it to encrypt anything and publish it using any medium. You can post PGP encrypted messages on blogs, social networks, and forums.

Kevin Poulsen published a PGP encrypted message on Wired's website⁵⁴ intended for Edward Snowden to read. As long as Wired has a copy of Snowden's real public key, only someone in possession of Snowden's secret key can decrypt this message. We don't know how Wired got a copy of Snowden's public key.

⁵⁴ Our Top-Secret Message to NSA Whistleblower Edward Snowden, <u>http://www.wired.com/threatlevel/2013/06/signed-bda0df3c/</u>

Here's a message that was encrypted to my public key. Without having access to my associated secret key, NSA should not be able to break the encryption. (NSA, let me know if you get it.)

```
-----BEGIN PGP MESSAGE-----
Version: GnuPG v1.4.12 (GNU/Linux)
```

```
hQIMA86M3VXog5+ZAQ//Wep9ZiiCMSmLk/Pt54d2wQk07fjxI4c1rw+jfkKQAi4n
6HzrX9YIbgTukuv/0Bjl+yp3qcm22n6B/mk+P/3Cbxo+bW3gsq50LFNenQ03RMNM
i9RC+qJ82sgPXX6i9V/KszNxAyfegbMseoW9FcFwViD14giBQwA7NDw3ICm89PTj
y+YBMA50iRqdErmACz0fHfA/Ed5yu5c0VVa8DD12/upTzx7i0mmkAxwsKiktEaKQ
vq8i1qvzqeymWYnckGony08eCCIZFc78Ceuh0Dy0+MXyrnBRP9p++fcQE7/GspKo
SbxVT3evwT2UkebezQT2+AL57NEnRsJzsqQM4R0sMqvZI7I6kfWKerhFMt3imSt1
QGphXmKZPRvKqib59U57GsZU1/2CMI1YBVMTZIpYKRh6NqE8ityaa4qehJD116xa
pZ8z3DMNt3CRF8hqWmJNUfDwUvXBEk8d/8Lkh39/IFHbWqNJh6cqq3+CipXH5HiL
iVh7tzGPfB6yn+RETzcZjesZHtz4hFud0xTMV0YnTIv0FGtfxsfEQe7ZVmmfqGNG
glxE0EfbXt0psLXngFMneZYBJqXGFsK3r5bHjRm6wpC9EDAzXp+Tb+jQgs8t5eWV
xiQdBpNZnjnGiIOASOxJrIRuzbTjo389683NfLvPRY8eX1iEw58ebjLvDhvDZ2jS
pwGuWuJ/8QNZou1RfU5QL0M0SEe3ACm4wP5zfUGnW8o1vKY9rK5/9evIiA/DMAJ+
gF20Y6WzGg4llG9gCAnBkc3GgC7K1zkXU5N1VD50Y0gLoNsKy6eengXvmiL5EkFK
RnLtP45kD2rn6iZq3/Pnj1IfPonsdaNttb+2fhpFWa/r1sUyYadWeHs72vH83MqB
I6h3Ae9ilF5tYLs2m6u8rKFM8zZhixSh
=a8FR
----END PGP MESSAGE-----
```

Identity Verification

As with OTR, it's important that you verify the PGP keys of the people you communicate with. In PGP you do this by using your secret key to digitally sign someone else's public key.

From inside Thunderbird you can click the OpenPGP menu and open Key Management. You can check the "Display All Keys by Default" checkbox to see all of the keys in your keyring. From here you can import keys from files, from your clipboard, or from key servers. You can also generate new keypairs, and view details of all the keys in your keyring.

As with OTR keys, each PGP key has a unique fingerprint. And as with OTR, you need to read out the entire fingerprint to be sure the public key you're looking at actually belongs to the person you believe it belongs to.

You can right-click on a key in this list and choose View Details to see its fingerprint. Here are the details of the PGP key that the disk encryption software TrueCrypt⁵⁵ uses to digitally digitally sign releases of its software.

⁵⁵ TrueCrypt, <u>http://www.truecrypt.org/</u>

				OpenPGP Key I	Management		×				
Primary User ID	TrueCrypt Fo	TrueCrypt Foundation <info@truecrypt-foundation.org></info@truecrypt-foundation.org>									
Key ID	0xF0D6B1E0	0xF0D6B1E0									
Туре	public key	public key									
Key validity	unknown	unknown									
Owner trust	unknown	unknown									
Fingerprint	C5F4 BAC4 A	C5F4 BAC4 A7B2 2DB8 B8F8 5538 E3BA 73CA F0D6 B1E0									
Additional Use	r ID			Valid							
					1	1					
Key Part	ID	Al	Size	Created	Expiry	Usage					
primary key subkey	0xF0D6B1E0 0x6B136ECF	DSA ELG	1024 4077	06/06/2004 06/06/2004	never never	Sign, Certify Encrypt					
Select action Close											

Also like OTR, you need to meet in person, talk on the phone, or use an already verified OTR session to compare each character of the fingerprint.

After you have verified that the public key you have belongs to the person you think it does, you can click "Select action" and choose "Sign Key".

				OpenPGP Key I	Managemen	:		×	
Key to be signed: TrueCrypt Foundation <info@truecrypt-foundation.org> - 0xF0D6B1E0 Fingerprint: C5F4 BAC4 A7B2 2DB8 B8F8 5538 E3BA 73CA F0D6 B1E0</info@truecrypt-foundation.org>									
Key for signing	g: Micah Lee	Micah Lee <micahflee@riseup.net> - 0x99999697</micahflee@riseup.net>							
How carefully have you verified that the key you are about to sign actually belongs to the person(s) named above? I will not answer I have not checked at all I have done casual checking I have done very careful checking ✓ Local signature (cannot be exported)									
primary key subkey Select action .	0xF0D6B1E0 0x6B136ECF	DSA ELG	1024 4077	06/06/2004 06/06/2004	never never	Sign, Certify Encrypt			
								Close	

In the screenshot above I checked the "Local signatures (cannot be exported)" box. In this way, you can sign PGP keys, which is necessary for Enigmail and other PGP software to display security messages that make sense, but you don't run the risk of accidentally publishing who you communicate with to a PGP key server⁵⁶.

If you receive an encrypted email from someone you know but the email is not digitally signed, you can't be completely sure that it was actually written by the person you think. It's possible it could be someone who spoofed their email address or compromised their email account.

If your friend tells you in this email that she generated a new key, you need to meet up in person or talk to her on the phone and read out your fingerprints before you can be sure that you're not under attack.

Attacks

If you don't verify identities you have no way of knowing whether or not you are the victim of a MITM attack.

⁵⁶ Privacy concerns of key servers, <u>https://en.wikipedia.org/wiki/Key_server_%28cryptographic%29#Privacy_concerns</u>

Washington Post journalist Barton Gellman, who Edward Snowden trusted with information about the NSA's PRISM program, wrote about his experience using PGP⁵⁷.

On Thursday, before The Post published its first story, I made contact on a new channel. He was not expecting me there and responded in alarm.

"Do I know you?" he wrote.

I sent him a note on another channel to verify my digital "fingerprint," a precaution we had been using for some time. Tired, I sent the wrong one. "That is not at all the right fingerprint," he wrote, preparing to sign off. "You're getting MITM'd." He was talking about a "man in the middle" attack, a standard NSA technique to bypass encryption. I hastily corrected my error.

Snowden was right to be cautious and to insist that he check Gellman's new PGP fingerprint. PGP, if used right, provides the tools necessary to prevent MITM attacks. But these tools only work if the users are vigilant about identity verification.

Tails: The Amnesic Incognito Live System

Using "properly implemented strong crypto systems" has a huge learning curve and requires dedicated users who are willing to put in extra work to take control of their own privacy, which is the main reason why OTR and PGP are not currently in widespread use. But even when you use these tools, how can you ensure "endpoint security" when you can't necessarily trust your operating system or other software that you depend on every day?

The solution is to use an entirely different operating system comprised completely of "software you can trust" when you have a serious need for real privacy. Tails⁵⁸ helps solve this problem.

Tails is a live system that aims at preserving your privacy and anonymity. It helps you to use the Internet anonymously almost anywhere you go and on any computer but leave no trace using unless you ask it explicitly.

It is a complete operating-system designed to be used from a DVD or a USB stick independently of the computer's original operating system. It is Free Software and based on Debian *GNU/Linux*.

Tails comes with several built-in applications pre-configured with security in mind: web browser, instant messaging client, email client, office suite, image and sound editor, etc.

Tails is not for everyone. It's still difficult to use compared to normal operating systems, it's slow, it doesn't have all the software you may want. But Tails has all of these properties because it's specifically designed to make it harder for users to mess up their endpoint security. If you're in a position where you

⁵⁷ Code name 'Verax': Snowden, in exchanges with Post reporter, made clear he knew risks, <u>http://www.washingtonpost.com/world/national-security/code-name-verax-snowden-in-exchanges-with-post-reporter-</u> <u>made-clear-he-knew-risks/2013/06/09/c9a25b54-d14c-11e2-9f1a-1a7cdee20287_story.html</u>

⁵⁸ Tails: The Amnesic Incognito Live System, <u>https://tails.boum.org/about/index.en.html</u>

think that NSA, or any other potential attacker, may want to target you and your colleagues (the journalist/whistleblower relationship comes to mind) it's one of the best tools available.

Because Tails is not practical for daily computer use, it's a good idea to get into the habit of using OTR and PGP in your normal operating system as well. Tails won't help blunt the effects of dragnet surveillance by itself, but encrypting as much as we can on a daily basis will.

Every time you boot Tails you start from a clean slate. Anything you did in your previous session on Tails gets erased and the system is reverted back to the default state. This means that even if you get infected with malware while using Tails, the next time you boot into it the malware will be gone.

You can get started using Tails by downloading⁵⁹ the DVD image and burning it to a DVD. You then need to boot to this DVD. This step is different depending on what model computer you have, but it often involves entering your BIOS and changing your boot order so your computer tries booting from DVD before it tries your hard drive. On newer PCs you might need to disable UEFI "secure boot"⁶⁰ in the BIOS as well, which is the crypto that's used to make sure your computer will only boot to digitally signed versions of Windows (which, in affect, makes it harder for people to boot into non-Windows operating systems). The Tails website has more information on booting Tools from a DVD or USB stick⁶¹.

After booting to the DVD you have the option to install Tails on a USB stick, which is especially useful because it allows you to configure a persistent volume⁶², an encrypted section of your USB stick to store your data. Despite starting from a clean slate each time you boot up, it's important for you to be able to have access to your OTR and PGP keys, your Claws Mail (more below) and Pidgin settings, and any documents you're working with. Your persistent volume allows you to do this.

PGP and Email in Tails

I discussed using Thunderbird with the Enigmail add-on to access your email and use PGP, however this software doesn't come with Tails. Tails comes with Claws Mail⁶³ which includes a PGP plugin.

⁵⁹ Download Tails from <u>https://tails.boum.org/download/index.en.html</u>, and be sure to verify the PGP signature 60 Unified Extensible Firmware Interface, Booting,

https://en.wikipedia.org/wiki/Unified Extensible Firmware Interface#Booting

⁶¹ Start Tails!, <u>https://tails.boum.org/download/index.en.html#start</u>

⁶² Persistence in Tails, <u>https://tails.boum.org/doc/first_steps/persistence/index.en.html</u>

⁶³ Claws Mail, <u>http://www.claws-mail.org/</u>



Instead of using Enigmail's PGP key management graphical user interface to import, export, generate, view details about, and sign keys, you can click on the clipboard icon in the top right of the screen and choose Manage Keys to open Seahorse⁶⁴, which provides these same features.

⁶⁴ Seahorse, <u>https://wiki.gnome.org/Seahorse</u>



Workflow

To get started having private communications with your friends and colleagues with very high endpoint security, here are the steps you need to take.

- Meet up with your friends face-to-face. Each person should bring their own laptop and USB stick.
- Download and burn a Tails DVD. Boot to Tails and create Tails USB sticks for each person.
- When everyone has a Tails USB stick, each person should boot to Tails on her own laptop and configure a persistence volume on her USB stick. Since this volume is encrypted, each person should come up with her own secure passphrase that she will need to enter each time she boots to Tails. Everyone should reboot their laptops into Tails again and this time mount the persistent volume.
- Each person should create a new pseudonymous Jabber account. One way to do this is to go to https://register.jabber.org/ in Iceweasel. Since Tails makes all Internet traffic go over Tor, this is effectively making an anonymous Jabber account.
- Each person should open Pidgin and configure it to use their new Jabber account and create a new OTR key. Everyone should add each other to their buddy lists and start OTR sessions with

eachother. Since everyone is in the same room, this is the perfect time to compare fingerprints and verify the identity of all parties so that you'll able to communicate securely over the Internet in the future.

- Each person should create a new pseudonymous email address as well. Some email providers, such as Gmail, make it very difficult to create new accounts while using Tor and staying anonymous, so find another email provider to use instead. Make sure your email provider supports IMAP (so you can use a desktop email client) over SSL (so your email client uses encryption when communicating with the email srever). If everyone chooses the same email provider, sending emails between accounts should never leave that email server, which reduces the metadata about your email usage available to anyone conducting dragnet surveillance of the Internet.
- Each person should generate a new PGP key for their email address. Like with disk encryption, it's important to choose a strong passphrase when generating a PGP key.
- The PGP-enabled email client that comes with Tails is called Claws Mail. Each person should configure Claws Mail to use their new email address, and then email a copy of their public key to all other people in the room.
- Each person should import everyone else's public key into their keyring, and should manually verify the PGP fingerprints. Don't skip this step. In the end, each person should have a keyring containing signed keys of each other person.

If a malicious attacker physically steals your Tails USB stick, modifies it, and gives it back, he can compromise all of the security of Tails. For this reason, it's important to keep your USB stick with you at all times.

Had CIA Director and retired four-star general David Petraeus and his biographer Paula Broadwell decided to use Tails, Tor, OTR, and PGP, their extramarital affair⁶⁵ likely would have remained secret. A Fighting Chance

⁶⁵ Petraeus scandal, <u>https://en.wikipedia.org/wiki/Petraeus_scandal</u>

A Fighting Chance

Protecting your privacy in the age of ubiquitous NSA surveillance is incredibly complex. Gaining a basic understanding of the concepts involved, much less actually using the software that's available, has an enormous learning curve.

But even with direct access to all the data traveling at the speed of light through the Internet's backbone fiber-optic cables⁶⁶, even with cooperation of the major United States tech companies⁶⁷ (which are extremely difficult for people to boycott), the largest, most powerful, and best funded surveillance apparatus that humanity has ever seen cannot defeat mathematics.

The challenge of the new cypherpunk movement is to make secure and verified end-to-end encryption accessible to everyone, and turned on by default.

⁶⁶ GCHQ taps fibre-optic cables for secret access to world's communications, http://www.guardian.co.uk/uk/2013/jun/21/gchq-cables-secret-world-communications-nsa

⁶⁷ NSA slides explain the PRISM data-collection program, <u>http://www.washingtonpost.com/wp-srv/special/politics/prism-collection-documents/</u>